

## **North Carolina**

When a family or individual is faced with a progressive condition such as DM1 or DM2 they are often presented with additional financial expenses as well as loss of a steady income. This section attempts to gather financial resources that are available on a state level for persons living in the United States. By no means is this section complete; we invite you to share with us any resources you've identified.

This is an on-going project. We will add more resources as we gather them; please send us resources you know of that are not currently listed.

Please be advised that each organization has its own eligibility and application requirements. None of these organizations are affiliated with the Myotonic Dystrophy Foundation. We hope you will share your experiences with us – let us know if you are successful in finding a good resource to help your family.

# **Financial Resources**

<u>The Ability Experience:</u> The ability Experience is a nonprofit organization that serves people with disabilities. It is a nationally recognized nonprofit with numerous programs, resources, and opportunities. http://www.abilityexperience.org/PushAmericaResources.aspx

<u>The Adaptables:</u> This CIL provide advocacy, Independent Living skills training, peer support, information, and referral services that combine to guarantee that people with disabilities have the opportunity to exercise control over their own lives. They serve: Davidson County, Davie County, Forsyth County, Stokes County, Surry County, and Yadkin County. <a href="https://theadaptables.com/">https://theadaptables.com/</a>

<u>Disability Partners:</u> Disability partners is a nonprofit CIL that offers numerous services to those with disabilities, including information and referral, social activities, advocacy, independent living skills, home care services, personal services, and a thrift store.

<a href="http://www.disabilitypartners.org/index.php">http://www.disabilitypartners.org/index.php</a>

disAbility Resource Center: The disAbility Resource Center is a non-profit organization that provides non-residential, community-based and consumer-directed services to persons with disabilities in the counties of New Hanover, Brunswick, Pender, Columbus and Onslow. Their goal is to help individuals with disabilities become fully integrated into society. http://www.drc-cil.org/page52.html

<u>Exceptional Children's Assistance Center:</u> ECAC is a private, non-profit organization that is operated by and staffed primarily with parents of children with disabilities and special health care needs. Their services include workshops, access to parent educators, parent training sessions, family connections, and more. http://www.ecac-parentcenter.org/

<u>Joy A. Shabazz Disability Center:</u> The center offers a range of services to those with disabilities, including advocacy, information and education, referrals, independent living help and skills, peer support, transition support, and more. <a href="http://shabazzcil.org/">http://shabazzcil.org/</a>



## **Autism-Related**

<u>Autism Society of North Carolina:</u> The Autism Society of North Carolina improves the lives of individuals with autism, supports their families, and educates communities. They provide education, workshops, group support, and more. <a href="https://www.autismsociety-nc.org/#">https://www.autismsociety-nc.org/#</a>

# **Employment**

<u>Coastal Enterprises Inc:</u> Coastal Enterprises is a nonprofit community rehabilitation program that focuses on helping people train for and hold jobs and positions. They offer both training and programs for job placement and activities, and help to support employment.

<a href="http://www.coastalenterprisesinc.org/wilmington.html">http://www.coastalenterprisesinc.org/wilmington.html</a>

#### **Exercise and Outdoors**

<u>Hotwheels Hockey:</u> Hotwheels Hockey is a hockey organization that provides a team and sports experience to those with disabilities using an electric wheelchair. They aim to provide a safe and fun, athletic environment. <a href="http://hotwheelshockey.webs.com/">http://hotwheelshockey.webs.com/</a>

# Housing

NC Statewide Independent Living Council: The NC SILC is a nonprofit council that focusing on providing living services to those with disabilities. The resources they offer include information and referral, advocacy, living skills and training, peer mentoring and support, youth and community transitions, and more. <a href="http://ncsilc.org/">http://ncsilc.org/</a>

# Miscellaneous

<u>Arts Access:</u> Arts Access is a nonprofit organization that aims to bring art to those with disabilities, as well as support and promote artists with disabilities. They have classes, projects, events, musical events, and more. <a href="http://www.artsaccessinc.org/index.shtml">http://www.artsaccessinc.org/index.shtml</a>

<u>Coastal Therapeutic Riding Program:</u> This center provides therapeutic riding in individual or group session for people with disabilities. They provide exercise, social time, and animal experiences in a therapeutic environment. <a href="http://www.coastalriding.org/index.html">http://www.coastalriding.org/index.html</a>